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# THE WELLNESS ROOM

## ENGLISH VERSION BROSHURE

### **FACIALS**

The Classic Facial: Includes peeling, cleansing of the pores, lymph drainage, massage with aromatic oils, and to finish off with a mask. Plucking of the eyebrows is also included in the price. *90 minutes, 680 SEK.*

Deep Cleansing: Includes peeling, cleansing of the pores, relaxing aromatic oils and to finish off with a mask. *60 minutes, 580 SEK.*

### DARPHIN TREATMENTS

Environ-Recovery Vitamin Infusion: This is a revitalizing treatment using an infusion of vitamins and nutrition, enabling skin recovery. Includes, cleansing, peeling, aromatherapy massage, and a mask. *45 minutes, 470 SEK.*

Rose & Linen Age Reversal: This is an age reversing treatment which regenerates the skin and strengthens the muscles. Leaving the skin glowing, feeling smoother, more elastic, vitalized and clearer. Cleansing, peeling and three massage techniques, hand and foot massage plus two special masks are combined to achieve these results. *90 minutes, 750 SEK.*

### MURAD TREATMENTS

Treatment of Acne/Facial: An effective unique treatment for skin with blocked pores and acne. The treatment consists of enzyme peeling, pore cleansing and a deep cleansing mask. *60 minutes, 600 SEK.*

AHA-treatment: This is an anti-inflammatory treatment which normalizes the production of sebum. This treatment is especially good for uneven skin and pigment changes. Per treatment: *340SEK* or as recommended a package deal of 6 sessions *1,920 SEK.*

Vitamin C-treatment: This is an anti-aging treatment which stimulates the production of cells and corrects uneven skin tones, leaving you with



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a clearer and glowing complexion. Per treatment *400 SEK* or as recommended, a package deal of 6 sessions *2,280 SEK*.

illuminating Peel Facial: This is a luxurious relaxing treatment which acts like a vaccine against aging. It consists of cleansing, peeling done with lactic acid, glycolic acid, salicylic acid and fruit acid. Also, included in the treatment are cleansing of the pores, acupressure massage and a calming, regenerative and repairing eye mask. *90 minutes, 780 SEK*.

### **SPA TREATMENTS**

WR Lux: This truly wonderful treatment begins with a relaxing back massage, following that, a facial treatment with peeling, lymph drainage and an aromatic massage and to finish off with a special mask. *75 minutes, 890 SEK*.

WR Deluxe: This luxurious treatment starts with a 60 minute full body massage, including hand and feet. The treatment continues with an anti-aging facial which regenerates the skin and strengthens the muscles. The skin feels more elastic, even and clearer leaving you with a vitalized glow. Included are also cleansing, peeling and the use of 3 different massage techniques for the face and to finish off with, a wonderful scalp massage and a special mask. *1 hour and 45 minutes, 1395 SEK*.

### **MASSAGE AND BODYWORK**

Back Massage: A combined back massage using a mixture of acupressure, shiatsu and classic massage. *30 minutes, 365 SEK*.

Classic Full body Massage: Is a deep tissue treatment which increases blood circulation and improves the taking up of oxygen in the muscles. *60 minutes, 600 SEK*.

Aroma Massage: This is a relaxing and softening full body massage which takes care of your skin. Choose between either organic aromatherapy oils or Ayurveda oils. *60 minutes, 695 SEK*.



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Acupuncture: Acupuncture is a traditional Chinese medicine technique which has been around for 1000s of years. It is a technique which is commonly practiced worldwide. It is a recognized treatment form which offers huge relief against a wide range of ailments, such as migraine, stress, skin conditions, nausea and infertility, amongst others. It can also be used as a form of preventative health care and general wellbeing. The first session costs *550 SEK*. This includes a detailed, constructed consultation and a treatment. Follow up treatments cost *300 SEK per session*.

### **MAKE UP AND WEDDING**

The Bride Package: Included in this package is bridal hair and makeup. Prior to your wedding we'll meet for a consultation where we will go through colours, design and try out both bridal hair and makeup styles. *2 sessions a 2 hours each, 2800 SEK.*

The Bridesmaid Package: Included are both bridesmaid hair and makeup. *2 hours, 1400 SEK.*

The Bride Package and one Bridesmaids Package: *3990 SEK (Ord. price 4200 SEK).*

The Bride Package and two Bridesmaids Packages: *5300 SEK (Ord. price 5600 SEK).*

Make-Up: *1 hour, 695 SEK.*

Bridal Hair: *800 SEK per hour.*

WE ALSO OFFER COLORING OF EYEBROWS AND WAXING.